

FEBRUARY 2019



				<p>FRIDAY 1st Chicken soup Beef stew with chips Fruit</p>
<p>MONDAY 4th Lentils stew Cod with tomato and peppers. Salad Yoghurt</p>	<p>TUESDAY 5th Potatoes stew Chicken and salad Fruit</p>	<p>WEDNESDAY 6th Rice in tomato sauce Stuffed eggs Cake</p>	<p>THURSDAY 7th Beans and pork stew Fish in sauce with salad Peaches in syrup</p>	<p>FRIDAY 8th Green beans Sausages and chips Fruit</p>
<p>MONDAY 11th Macaroni Sardines and lettuce Milk with biscuits</p>	<p>TUESDAY 12th Lentils stew Turkey meat stew and salad Fruit</p>	<p>WEDNESDAY 13th White beans stew Tuna omelet Fruit</p>	<p>THURSDAY 14th Rice in tomato sauce Hamburger and salad Yoghurt</p>	<p>FRIDAY 15th Chickpeas stew Fish with green sauce Fruit</p>
<p>MONDAY 18th Lentils and vegetables Fish and salad Yoghurt</p>	<p>TUESDAY 19th Chinese fried rice Chicken steaks and lettuce Milk and biscuits</p>	<p>WEDNESDAY 20th Chickpeas and vegetables Sausages with chips Fruit</p>	<p>THURSDAY 21st Macaroni Bolognese Spanish omelet Fruit</p>	<p>FRIDAY 22nd Potato with squids Loin steaks and salad Peaches in syrup</p>
<p>MONDAY 25th Spaghetti with prawns Sardines and salad Custard</p>	<p>TUESDAY 26th Baked beans Meat with tomato Fruit</p>	<p>WEDNESDAY 27th Rice in tomato sauce Squid rings and salad Fruit</p>		



En el Corazón de Santander

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