



# MARCH 2019

	<b>MONDAY 5th</b> Stewed potatoes Sardines with salad Yogurt	<b>TUESDAY 6th</b> Lentils with rice Cod in green sauce and lettuce Fruit	<b>THURSDAY 7th</b> Vegetables cream Turkey with green peas and potatoes Fruit	<b>FRIDAY 8th</b> Red beans stew and rice Tuna omelet with lettuce Peaches in syrup
<b>MONDAY 11th</b> Spaghetti with prawns Squids with salad Fruit	<b>TUESDAY 12th</b> Lentils stew Stuffed eggs and salad Fruit	<b>WEDNESDAY 13th</b> Vegetables cream Meatballs with green peas and chips Yogurt	<b>THURSDAY 14th</b> Chicken soup Potatoes omelet and lettuce Custard	<b>FRIDAY 15th</b> Chickpeas with vegetables Sardines with salad Fruit
<b>MONDAY 18th</b> Lentils stew and sausage Sardines and salad Fruit	<b>TUESDAY 19th</b> Pizza and salad Ice cream	<b>WEDNESDAY 20th</b> Green beans Chilindron chicken Yogurt	<b>THURSDAY 21st</b> Chickpeas stew and vegetables Stuffed eggs and lettuce Fruit	<b>FRIDAY 22nd</b> Potatoes in green sauce Cod in tomato sauce Custard
<b>MONDAY 25th</b> Appetizers Escalope with chips Ice cream	<b>TUESDAY 26th</b> Lentils stew with sausage Tuna omelet and salad Fruit	<b>WEDNESDAY 27th</b> Cuba style rice Fish in green sauce with lettuce Fruit	<b>THURSDAY 28th</b> Beans stew Meat with tomato sauce and salad Yogurt	<b>FRIDAY 29th</b> Macaroni in tomato sauce Sardines and salad Fruit shake

*En el Corazón de Santander*

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